



TEAM PACKAGES

	BEST VALUE	
Strength & Conditioning Package	ISP Team Bundle	Mental Performance Package
Individualized training programs sent directly to their phones	All S&C Package Features	Weekly Mental Performance Team Zoom Calls
Direct communication with Coach via Training App	All Mental Performance Package Features	Direct communication with Coach via Text/Email
Discounted 1-on-1 Mental Performance Training	Discounted Future Programs	Discounted 1-on-1 Mental Performance Training
PRICING	PRICING	PRICING
5-10 Athletes = \$40/player per month	5-10 Athletes = \$60/player per month	5-10 Athletes = \$40/player per month
11-20 Athletes = \$35/player per month	11-20 Athletes = \$50/player per month	11-20 Athletes = \$35/player per month
21-30 Athletes = \$30/player per month	21-30 Athletes = \$40/player per month	21-30 Athletes = \$30/player per month
31-40 Athletes = \$25/player per month	31-40 Athletes = \$30/player per month	31-40 Athletes = \$25/player per month

Let's work together!